



this
month
includes...

September 2022

Welcome to Philippa

Fasting by Richard

Nature Notes
from Margaret

News from Tamsin

plus

Thoughts and prayers

A step too far?

Welcome to Philippa

We are very pleased to welcome Philippa Crane in her new role as Parish Administrator at St. Peter's.



Philippa will already be a familiar face to many, both as a member of the congregation and from her work as Medical Receptionist/Administrator at Addingham Medical Centre. This combination of experience and skills makes her an ideal person for the important tasks of being St. Peter's contact point for enquirers and handling on-going administrative jobs like the weekly sheets, rotas or dealings with the diocese.



At present, she is working long days learning the ropes, but soon she hopes to have more regular hours.

Philippa's contact details are contact@stpetersaddingham.org
01943 830 306

IS WALKING UP THE CHURCH PATH A STEP TOO FAR?

If the distance from the car park is too far for you, please do make use of the church's wheelchair which is kept at the back of church. Get someone to ask one of the team inside church to bring it to your car, and they will help you transfer to your pew.

They will also arrange for Mark to bring communion to you if required.



Nature Notes for September

Margaret Spencer

This morning I walked down the lane to the canal. There were quite a lot of cattle in one of the fields looking good, and sheep laid in the shade near the gate.



The swallows seem to have set off on their migration but several were seen whizzing about early in the evening which is nice.

The birds has been busy in the garden too, eating the raisins I put out and splashing in the water. Butterflies have been a joy really lovely to see.



One evening we had an exciting visitor a beautiful sparrowhawk high in the sky above the house, circling – fantastic.

Also a robin along with quite a few blackbirds splashing together in the water.

Enjoy the lovely days.

Macmillan Coffee Morning



is back! Raffle, Tombola, delicious tea, coffee and cakes - don't miss it!!

Friday 30th September In aid of

10 am – 12 noon

St. Peter's Church Hall

**MACMILLAN
CANCER SUPPORT**

Wulherans update

Richard Thackrah

On 2nd August forty members attended the Wulpherans BBQ (the first since 2019).

Due to cool conditions and a persistent light wind, it was held in the church hall although obviously cooking of the burgers, chicken and sausages was done outside!!

Members of the committee and volunteers performed numerous tasks to ensure that the event was a great success. They all deserve much thanks for their efforts and time given to helping make the occasion so pleasant.



As usual there is no Wulpherans meeting in September; the next will be 4 Oct when Richard Thackrah will give a talk about refugees.

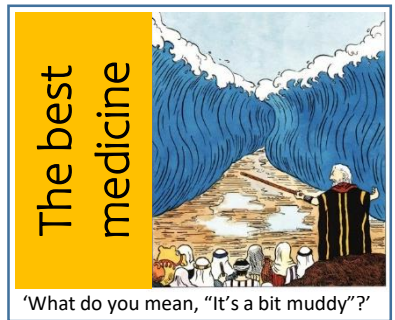
A prayer of St. Augustine

O God, from whom to be turned is to fall,
to whom to be turned is to rise,
and in whom to stand is to abide forever;
grant us in all our duties your help,
in all our perplexities your guidance,
in all our dangers your protection,
and in all our sorrows your peace,
through Jesus Christ our Lord.
Amen.

29th September: St. Michael and All Angels

a poem by Francois Couperin

To be an angel, one need not have wings.
In giving love there is an equal grace.
Nor need one seek the aura in the face,
As love unveils the beauty of all things.



Fasting

Richard Thackrah

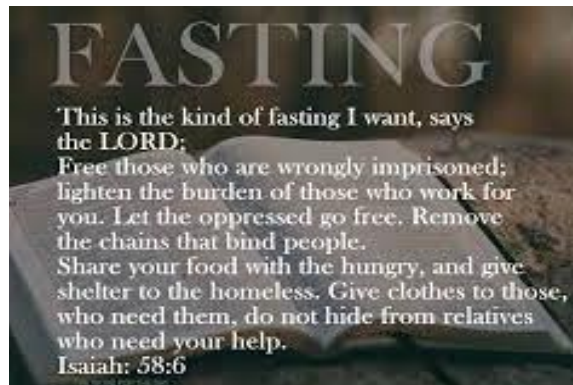
Fasting or abstaining from eating all or certain foods has for all nations played a large part in the lives of people, especially during periods of mourning, sorrow and affliction. It was in some way inspired by nature, which denied itself nourishment in such circumstances and took off the edge of hunger. Fasts were often kept by the nation and by individuals at a time of special need.

In the Old Testament, public national fasts were held because of sin or to ask the Lord for some divine favour (1 Samuel 7:6). Local fasts are mentioned in Judges (20:26) and Jonah (3:5-9). Moses fasted for 40 days on Mount Sinai (Exodus 34:27-28). Jonah's preaching drove the people of Nineveh to fast (Jonah 3:4-10). Darius the pagan king fasted after Daniel had been thrown into the lion's (Daniel 6:18). Jezebel proclaimed a day of fasting as part of her scheme to get Naboth's vineyard (1 Kings 21:8-10). Nehemiah, an official in the Persian court, fasted before presenting his case to the king (Nehemiah 1:1-4). Fasts were individual and

voluntary (as was David's when the first child of Bathsheba was dying) or national and ordained (as the Day of Atonement).

In the New Testament we are told that Paul was on a ship with 275 passengers and fasted for 14 days. The Roman official Cornelius was fasting and praying when an angel told him to send for Peter (Acts 10:1-3) and both Paul and Barnabas prayed and fasted as they chose elders for the Churches (Acts 14:23). Paul was waiting for Ananias while he fasted three days in Damascus (Acts 9:9). After the men had gone a long time without food (Acts 27:21), Paul stood up before them and said, "Men you should have taken my advice not to sail from Crete, then you would have spared yourselves this damage and loss." Acts (13: 3) states that early Christians observed the ordinary fasts of the Law. The Lord believed that prayer and fasting accomplished the task of driving out demons (Matthew 17:17). Some fasts however were abused. Our Lord rebuked the Pharisees for their hypocritical way of fasting (Matthew 6:16). It does not appear by Jesus' own practice, or any commands that he gave to his disciples, that he instituted any particular fasts or enjoined any to be kept out of pure devotion. It is however inferred from those in Luke 5:33-35 that he expected his followers would do so.

The one condition that he made was sincerity. Outward signs of fasting such as the tearing of clothes, dressing in coarse sackcloth, or throwing dust and ashes over their heads was not enough. **A real change of heart was what mattered most** and therefore prayer and fasting often went together.



Give God your weakness,
and he will give you his strength

Contacts

Rector: Revd Mark Cannon 01943 831 382

Children and Family worker: Tamsin Carr
childrenandfamilywork@stpetersaddingham.org.uk

Churchwardens:

Joy Harper joy.harper1@gmail.com
Penny Crisfield penny@hartanimals4kids.org

Parish Office: Philippa Crane 01943 830 306
contact@stpetersaddingham.org.uk

Main Services



Sundays:


8 am **Said Communion**
10 am **Parish Communion**
or

'**Sunday Morning with St Peter's**' (monthly)
informal words, music and reflection

Monthly:

'**Messy Church**'
a different kind of church for families
Evensong
sung service from Book of Common Prayer

For up-to-date details of all services and activities, please look at our website or follow us on  Facebook, or see  **C.a.f.e** Facebook for **Children and family events**.

Everyone is welcome and you can also join with St. Peter's online; we livestream many of our services to our  Facebook page, so do take a look.

Tamsin tell us...

All St. Peter's events with a special focus on children and families are now advertised on a new Facebook page, with the name **C.a.f.e** (get it?).



C.a.f.e
Children and family events at St Peter's

Next up in September are a games night on 15th at 4.30 and the ACT Family Activity Day on 25th at 3 – all welcome!

What's on in September

Thursday 1st:

19.30 Healing Service

Sunday 4th:

08.00 Said Holy Communion
10.00 Sung Parish Communion
14.00 FOSPA Teas
18.00 Evensong

Thursday 8th:

09.30 Toddlers' Group **C.a.f.e**

Sunday 11th:

08.00 Said Holy Communion
10.00 Sung Parish Communion
14.00 FOSPA Teas

Thursday 15th:

09.30 Toddlers' Group **C.a.f.e**
11.00 Teddies & Toddlers in Church **C.a.f.e**
16.30 Games Night **C.a.f.e**

Sunday 18th:

08.00 Said Holy Communion (BCP)
10.00 Sunday Morning with St Peter's:
'Name That Tune' Anne Hodgson
14.00 FOSPA Teas

Thursday 22nd:

09.30 Toddlers' Group **C.a.f.e**

Sunday 25th:

08.00 Said Holy Communion
10.00 Sung Parish Communion
14.00 FOSPA Teas
15.00 ACT Family Activity event **C.a.f.e**

Thursday 29th:

09.30 Toddlers' Group **C.a.f.e**

Friday 30th:

10.00 MacMillan Coffee Morning

(NB: no Wulpherans meeting in September)

Find out more

www.stpetersaddingham.org.uk

 St Peters Church Addingham

01943 830 306

contact@stpetersaddingham.org.uk

From the Registers

Wedding

Aug 6th Rupert Stroud & Fiona Connor
Funeral

Aug 4th Anne Adams

Why worry, when you can pray?