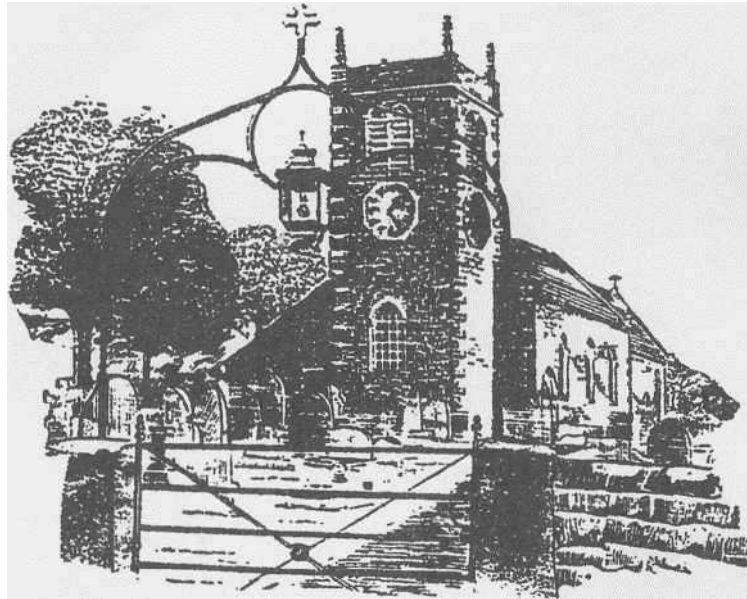


St. Peter Addingham

SOURCE



A place of Christian Worship in three millennia

ST. PETER'S PARISH CHURCH, ADDINGHAM

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WORSHIP

SUNDAY

8.00 am Holy Communion (said)
10.00 am Parish Communion

These are currently our normal, scheduled, services but they are subject to our monitoring and any changes in Coronavirus restrictions and guidance. Please check weekly notice sheets and the St Peter's website.

If you wish to attend any service you must contact Ian Batty via email Ian.Batty@hotmail.com or call him on 01943 830039, ideally, by 4pm on the preceding Friday.

BAPTISMS, WEDDINGS and FUNERALS

Please call 01943 831382

Letter from the Rector

April 2022

Encouraging Us Into Action

Monday: A bit of office reorganisation is taking place. I am normally found in a dark corner of the office surrounded by a protective barrier of teabags and ginger nuts, but I am now being forced out into daylight, into the centre of the room and may even have to talk to colleagues.

My new desk is approximately 4 feet, that's a bigish metre in new money, from the loo door, so I am also getting to know more about my co-workers than I would really like.

Saturday: I'm looking for a flathead screwdriver to fiddle with some ancient relic from the 60s. I know there will be one in the garage, but said garage, which is the same size as our first married home, is largely impenetrable.

There is only a narrow pathway from front to back, and the rest is waiting for either a skip, or a car boot sale, or the Rectory extension programme. The screwdriver could be behind the old pew, a souvenir of an old parish, or the third-best lawnmower. Why can't I declutter?

Sunday: Not even a full day today, I am done by 12 noon. Shall I use this bonus gift of time wisely, and tackle the horror of the garage, or shall I watch the rugby instead?

By 6pm the garage is still as full as an egg. And yet the morning's gospel was one of those encouraging us to action. Actions which I can see others doing, but which I rarely get around to.

After all, I had to be made by a Higher Power to move my desk at work, but no such Power is making me give my possessions to the poor, nor has it made me set fire to the garage, so I don't.

I'm sure Jesus knew that most of us love to wallow in idleness given the chance. And, indeed, He doesn't ever make us do anything. But He asks the questions in the Gospels again and again: "What do you think, Mark?", "Who do you think I am, Mark?" and "What are your plans, Rector?"

And so inch by painful inch, He makes us move ourselves. Sometimes where we do not want to go, or by a route we do not recognise. And His work does get done, done freely by His sons and daughters, not biddable servants who have no choice, and so whatever we do for Him is caused by, and based on His Love. We love only because He loved us first.

Rev. Mark Cannon

You're Blessed When You Care

'You're blessed when you care. At the moment of being "care-full", you find yourselves cared for.' Matthew 5:7 (The Message)

We are thankful that we serve a God who remains constant in the chaos of life.

Peter Snell came to speak to us at St Peter's about the work of Christians Against Poverty (CAP) in February, and some of you may have taken him up on the offer of the free book 'Nevertheless' which tells the story of how CAP came to be founded. CAP is a national debt counselling charity working through a network of centres based in local churches, which offers hope and a solution to anyone through its unique in-depth service. Find out more at www.capuk.org

We may not all be in a position to offer financial support, but we can all pray for those less fortunate than ourselves. If you are a Dickens fan, you will be familiar with the advice of Mr Micawber to David Copperfield: 'Annual income twenty pounds, annual expenditure nineteen pounds nineteen shillings and sixpence, result happiness. Annual income twenty pounds, annual expenditure twenty pounds and sixpence, result misery.'

That maxim remains true and is the reason CAP and other debt agencies are there for people and families who need them. Many are either in low-paid jobs or on benefits, for others a financial crisis may be experienced by suddenly losing a well-paid job. 'There but for the grace of God' helps us to empathise with and prayerfully support those who experience any sort of crisis in life. And if we've experienced any form of disaster ourselves we will know so well what others are experiencing.

A number of local churches support CAP, including St Margaret's Ilkley, and Christchurch, Ilkley, who donate a considerable percentage of their annual Jigsaw Festival proceeds to CAP. Skipton Baptist Church has had a CAP Centre since 2011 which has enabled many people to go debt free and given hope to others struggling with debt and financial issues.

A recent article in the Ilkley Gazette, headlined Churches give free debt advice -<https://www.ilkleygazette.co.uk/news/19960548.churches-wharfedale-aireborough-give-free-debt-advice-living-costs-rocket/> tells how a number of churches in the Wharfedale and Aireborough area have come together to coordinate their existing services working with CAP to better serve local people in these difficult times when we are all experiencing soaring energy prices at home and rising prices in the shops and the petrol pumps, for some the end of the Universal Credit uplift, as well as the ongoing effects of the pandemic.

The local Methodist Circuit have been running a debt centre with CAP for the past three years, Guiseley Baptist runs a CAP job club, and St Oswald's Guiseley runs a CAP money management course.

The Wharfedale and Aireborough debt centre manager says: 'There are many people who need help now, for us to work with them to find a way out of what can seem as a hopeless situation with debt. We are here to offer this help, all totally free, to anyone who needs it.' She also refers to people who can benefit from the additional skills and support with money management and budgeting available, and to help people who have lost their jobs.

In 2022, 15 CAP Debt Centres are celebrating ten years of operation showing that together CAP is one body, shining hope brightly across the UK.

If you considered supporting CAP either prayerfully or financially after Peter Snell's visit, your support would join with others as the reason that these centres and more have been able to see thousands of lives changed

Christine Smith

Anne's Musings

Dark Skies

The night was dark, the moon not yet risen and the wind blown out over the coast. Across the uneven ground we picked our way adjusting to night vision. Hang on this is not a thriller rather our weekend dark skies experience at the Fox and Hounds Inn* in Ainthorpe. I'd long wanted to see the myriads of stars shown on documentaries in places with no light pollution. As the Sahara was a bit far, my friends and I settled for Whitby's Dark Sky weekend.

The sky being clear we could see the constellations easily and, being the end of February, Orion was the most prominent. Our guide used a laser to point out each one and with binoculars we could sweep up the beam and focus on it.

However, where were the thousands of uncountable stars I was expecting to see? For this you needed one of the huge telescopes provided and our guide could programme his to find each in turn.

Behind the Seven Sisters were countless points of light. In Orion's dagger was an area where stars were forming and a section of the Milk Way was beyond counting.

That was a while ago and in our lunar based calendar we are now in the season of Lent, approaching Easter. How dark that time must have seemed to Jesus' first followers as their longed for Messiah and preacher was denounced, tortured and crucified. How hopeless and frightening their future with all their dreams lost.

A very dark place to be in; like the night sky when you cannot see where to go.

Where there is no light pollution you can see the reality of the vast Universe. With a powerful telescope you can see deep into it and wonder at its magnitude, something beyond my comprehension. And so also for Jesus' followers, light was revealed in their darkness with the wonder of His resurrection.

On Easter morning we too celebrate and rejoice at what God has revealed to us in this wonderful affirming truth that Jesus rose from the dead to show us the way to eternal life and to bring His light into the darkest places.

However dark the world may be, may you see Christ's light this Easter. Christ is risen, He is risen indeed. Alleluia.

Anne Hodgson

*The Fox and Hounds is a traditional old Inn with warm fires, good food and cheery staff.

Dutch Pea Soup

Ingredients:

250g split peas
2 litres of water, ham stock or vegetable stock
1 onion studded with 4 cloves
2 bay leaves

Method:

Boil all the ingredients together for about an hour until the peas are tender
Discard the onion and bay leaves
Whiz in a blender
Return to the pan and add a chopped leek, chopped carrot and a peeled and cubed potato
Simmer for 20 minutes

If you are not making a vegetarian version it's very nice to include pieces of ham or chopped up smoked sausage for a more authentic, Dutch, soup.

This recipe was given to me by a Dutch friend, a long time ago when I was living near Brighton and I still often use it now.

Jill Cooke

Editor's note: In last month's edition Anne Hodgson wrote about the pleasure of making soup and we invited readers to submit their favourite soup recipes, either their own inventions or a published one. Now that Jill has started the soup pot boiling we would welcome more submissions..

Keeping up with the Wulfherans

The Monks of Bolton Priory

The first talk at Wulfherens since late 2019 was given by the local historian Catherine Snape and her topic was "The Monks of Bolton Priory". Some aspects of the monks life was what as expected and other aspects were rather a shock!

The monks had a life of chastity and obedience centred on a continuous round of prayer every day of the year, and they took part in all aspects of life of the community.

Endowments were gained by well known local families such as the Bolton's, the Neville's and the De Lacey's. Canons joined the order either part time or full time. Some, however, were lax at worship and poor behaviour took place such as licentiousness, drinking, dishonesty in dealings including bribery and stealing from the Abbey. Such grievances and activities came to the attention of the Archbishop of York in the mid 13th century.

The acquisition of more land meant more income from the tenants The expansion of the priory took place in the 13th century and finance came from cash in corrodian deeds or transactions with care and this helped to fund for example kitchens, stables and accommodation even for people who wished to hunt. New staff arrived to cover for the expansion of the buildings; crops became abundant such as oats and barley and material for building often came from local sites perhaps even from Addingham!

Cheese was the staple food and milk and butter were of good quality. The tenants raised the animals and received cash along with a gift of wheat or barley or cheese or milk. Some, however, did live in austerity. Sheep were reared for their good quality fleeces. It was said that the peasants ate sheep cheese and the landed gentry cows cheese!

Walls were built to define boundaries. In spite of boundaries being delineated there were many legal disputes about land rights in lead mining areas.

In the late 1530s Prior Moon had to surrender the Priory and lands to Henry VIII. The Priory's commercial assets were seized and then sold to replenish the royal coffers as were the monastery's furnishings and fittings. Even lead from the monastic roofs was sold.

Andrea Scargill gave the vote of thanks for a very interesting talk blended with seriousness and humour.

A pleasant talk was followed by an equally pleasant and tasty Pancake Supper provided by the hard working ladies!

Please note that the next meeting is the Tenebrae Service, which will be on the second Tuesday in the month namely 12th April at 7.30 p.m.

Richard Thackrah

Easter Hymn

If in that Syrian garden, ages slain,
You sleep, and know not you are dead in vain,
Nor even in dreams behold how dark and bright
Ascends in smoke and fire by day and night
The hate you died to quench and could but fan,
Sleep well and see no morning, son of man.

But if, the grave rent and the stone rolled by,
At the right hand of majesty on high
You sit, and sitting so remember yet
Your tears, your agony and bloody sweat,
Your cross and passion and the life you gave,
Bow hither out of heaven and see and save.



Good Friday



Am I a stone, and not a sheep,
That I can stand, O Christ, beneath Thy
cross,
To number drop by drop Thy blood's slow loss,
And yet not weep?

Not so those women loved
Who with exceeding grief lamented Thee;
Not so fallen Peter, weeping bitterly;
Not so the thief was moved;

Not so the Sun and Moon
Which hid their faces in a starless sky,
A horror of great darkness at broad noon –
I, only I.

Yet give not o'er,
But seek Thy sheep, true Shepherd of the flock;
Greater than Moses, turn and look once more
And smite a rock.

Christina Rossetti

'Good Friday' was published in Christina Rossetti's 1866 collection *The Prince's Progress and Other Poems*. The poem is about Rossetti's struggle to feel close to Christ and the teachings of Christianity, and to weep for the sacrifice he made.

20 Simple Tips to Reduce Food Waste

1. Plan your meals for the week, it not only makes life easier, it saves money and helps use everything up.
2. Build in wiggle room by including at least one meal using tinned or frozen food so if your plans change you won't be wasting any fresh ingredients.
3. Make a list before you go shopping, and stick to it.
4. Don't shop on an empty stomach as if you're hungry you're more likely to impulse-buy treats that you don't need.
5. Choose wisely and look for food with the longest use-by date or that can be frozen, in case you don't get around to eating it in time.
6. Know your dates, you can safely ignore the 'best-before', 'display-by' and 'sell-by' dates on packaging and the 'use-by' is the only one you need to follow.
7. Buy loose produce, if you'll only use four carrots or three onions in this week's recipes then buy them loose instead of a big pre-packed bag.
8. Stock the store-cupboard with spices, herbs, cans and carbohydrates to help you turn today's leftovers into tomorrow's lunch.
9. Turn down the temperature of your fridge so stored food lasts longer.
10. Freeze and blitz, when you have more fruit than you need, make smoothie packs for the freezer.
11. Make rocket or other dark green leaves last longer by freezing them from fresh and added to sauces and stir-fries and wilted, just as you would use spinach.
12. Maximise mushrooms by don't storing them in plastic or air-tight containers.
13. Freeze milk if it's full fat rather than skimmed or semi, the cream will separate when it defrosts but give it a good shake and it'll taste completely normal.
14. Freeze cheese by cutting it into small portions or grate some into a container before freezing, ready to top lasagnes and other tray bakes.
15. Don't always chill as some foods, including onions, bread and potatoes keep better outside the fridge.
16. Use your vegetable peelings, tired and wilted vegetables and chicken carcasses to make your own stock, which will make a huge difference to the flavour of the food you cook.
17. Get the size right, it's better to put on slightly less pasta or rice than you think you'll need.
18. Buy frozen produce, it's often cheaper than fresh, and you can take as much as you need straight from the freezer.
19. Make bread last, spritz with water and pop into a hot oven, or turn into breadcrumbs and freeze.
20. Turn left over pasta into tomorrow's lunch by stirring in tomatoes, cucumbers and feta.

How to Help the People of Ukraine



There are many ways that you can donate financially to help the people of Ukraine.

Here is a useful link with lots of advice on how you can help, <https://www.gov.uk/government/news/ukraine-what-you-can-do-to-help>

Please keep the people of Ukraine in your prayers.

FOSPA Teas

FOSPA Teas re-opens after two years, hopefully!

We are asked regularly when our famous FOSPA Sunday Teas will re-open.

Well, we hope to re-open on Sunday 15th May, but actually, that depends on you, our wonderful volunteers and bakers who every year turn out, to help staff the Tea and Cake stall or the gift stall. The bakers are amazing and in 2019, our last operating year, provided an incredible 180 homemade cakes plus Phyllis made 100's of scones as well.

The volunteer sheets and baker sheets will be going up in the Church Hall from the 27th March. Sadly, we have lost some of our regular volunteers and we're all two years older, but we cannot do this without you so any new volunteers would be very welcome.

Will you enjoy it? Yes of course, and this is why we have been serving FOSPA teas for 38 years. During this time we have met lots of visitors to our Church from near and far. Please do help to make our 39th year a real success, and of course all profits are used to fund capital/repair projects for our beautiful Church.

Andrew Robertson

Nature Notes for March

It is Saturday, 12th March 2022 and there is lovely blue sky with lots of sunshine today. It's not exactly warm but it's pleasant. There is quite a lot of birdsong plus feeding and splashing in the garden. I walked to Swartha with a lovely view of the valley still quite full of water.

A few weeks ago I was talking to one of the farmers as he tidied his yard. He was pleased to tell me that they had had their first lambs two weeks previously and if I walked up to the top field, I would hopefully see six black lambs brand new today, such a joy!

There were quite a few rabbits which I had not seen for a long time plus a few Magpies pecking at the sleeping sheep!

A pair of Robins are occupying the garden which are so lovely to see, plus at least five male Blackbirds coming and going. A Chiffchaff visited the garden with its wonderful song. They were a real treat to enjoy for a few minutes. The Starlings too were in full voice, occupying the television aerial and showing off their lovely iridescent plumage, pink feet and yellow beaks. They were chattering noisily but at the same time keeping an eye on the feeders!

Sally and I went to Bolton Abbey with Ella, Sally's Cairn terrier, a real joy! We sat near the river quite late in the afternoon and enjoyed a lovely view of a Red-breasted Merganser with its dark green crest. It was really lovely and exciting! It swam at great speed and was yet so agile and fascinating to watch. The Mallards are good to see just now with their bright colours they seem to love splashing and preening in the shallow water quite near the river's edge and again so good to see.

It is a joy also to see the snowdrops in the churchyard as always and quite a few in our garden too along with the early daffodils.

The days are slowly lengthening!

All good wishes and thank all of you for your kindness.

Margaret Spencer

Memorials

Memorials are memories of individuals, groups or events, made retrospective by the living in words and permanent structures.

They are important for what they really tell us about death as well as life at particular and indeed in very key moments in the past with eternal effects on human history. A memorial pays tribute to someone's life or millions of lives such as cenotaphs and war memorials and provides comfort for friends and family, groups and nations dominated in so many ways by a silence in which past emotional memories and current hopes return.

Many Christians also see memorials as a chance for people to pray and ask God to look after loved ones in the afterlife. There are cases of biblical characters laying memorial stones, and these became significant locations throughout Biblical history to remind future generations of what had happened at a particular time and place.

Joshua (4.9) states that twelve stones were set up. Each tribe brought a stone for the monument from the bed of the river Jordan to the new campsite at Gilgal. The flow of the Jordan was cut off before the ark of the covenant of the Lord. When it crossed the Jordan the waters were cut off. The stones were an eternal memorial to the Israelites at the miraculous entrance to the Promised Land.

A memorial before God is 'to fear God to pray always and to give'. In 1 Samuel 7.12 there is reference to a Hebrew stone of help set up in commemoration of God's help to the Israelites on their victory over the Philistines at Mizpah north west of Jerusalem.

Memorials were stones put up as a marker or piles together to stand out in a place. Stones were easy to come by in the Holy Land with the many rocky landscapes.

There are thirty one verses about memorials from twelve books in the Bible and here are some of the key ones are. In Acts 10.4, Gifts and prayers and gifts to the needy have gone up for a memorial before God. In Exodus 3.15 God said to Moses, the Lord the God of your Fathers has sent me to you. This is my home forever and my memorial to all generations.

Numbers 10.10 states; "Also in day of your gladness and in your set feasts and in the beginnings of your mouths, you shall blow the trumpets over your burnt offerings and over the sacrifices of your peace offerings and they shall be to you for a memorial before your God. I am the Lord your God."

Altars and places of worship all had their memorial observances. The most enduring memorial in the Bible is made of the bread and the cup when Jesus said do this in remembrance of me. The memorial of the bread and wine endures in not just the memory but in the behaviour.

Since Biblical times meanings on memorials can be difficult across cultures and adding a memorial of one group of people to those of another almost always ends badly. The Romans were one of the most prolific producers of memorials in the ancient world leaving for future generations fine examples of religious dedications, tombstones and building inscriptions.

Saxon memorials and stones provide examples of pattern and decoration and carved religious symbols.

In more modern times cairns and mountain memorials and memorials to battles are very common. Parks and gardens are laid out with statues, mock temples, urns, fountains, bandstands, gates and park benches. Memorial halls were erected as a more fitting memorial for those who had survived numerous wars.

In some cases artists were commissioned to paint a series of murals on the themes of war, peace and reconciliation. Inside many churches there are brasses, tombs and stained glass with wide varieties of memorial designs and inscriptions.

Issues about memorials can energise the nations soul for the sake of its heritage: the Albert memorial, Bomber Command Memorial, Animals in War and Peace, role of women in war and peace, the fourth plinth in Trafalgar Square, the National Memorial Arboretum in Staffordshire and the current debate over statues and where or when or even if, they should be on view.

Richard Thackrah

What's on in April

There will still be no chalice and communion will be taken to the pews, there will be no coffee in the hall afterwards. If the weather is fine, do consider bringing a flask of coffee and enjoying some social time outside after the service.

We will continue to monitor infection rates and make more changes as and when.

In the interim, do share your thoughts about the changes you would like to happen next with either Mark or the wardens. Most services will be live streamed on Facebook and made available afterwards via a vimeo link on the website.



Sunday 3rd	Passion Sunday	
	08.00	Said Holy Communion
	10.00	Sung Parish Communion
	18.00	Evensong
Thursday 7th	19.00	Healing Service
Sunday 10th	Palm Sunday	
	08.00	Said Holy Communion
	10.00	Sung Parish Communion with procession led by a donkey
Holy Tuesday	19.30	Tenebrae
Maundy Thursday	19.30	Eucharist of the Last Supper
Good Friday	10.45	ACT Procession leaves Addingham School
	11.00	ACT service at Sugar Hill
	12.00	Messy Church
	14.00	An hour at the cross

Sunday 17th

Easter Day

08.00 Holy Communion
10.00 Easter Day Family Communion with egg hunt

Sunday 24th

First Sunday of Easter

08.00 Said Holy Communion
10.00 Sung Parish Communion
18.00 Easter Songs of Praise

From the Registers

Funeral

March 2nd Richard Flesher

Weekly Email

A weekly email is being produced and sent on Friday evenings with the latest news and details of planned services. To be added to the distribution list for the email please email jillc.stpeters@gmail.com

Flowers in Church

We have missed so much during the pandemic and flowers in church is just another of those things that we can now bring back.

There are different ways you can help: by donating flowers, perhaps for a special occasion or in memory of a loved one.

You could also help to arrange the flowers; indeed a golden opportunity to get some free tuition on how to do this.

Please contact Judith Idle (01943 830508) or one of the wardens to find out more or sign up on the sheet in the church porch if you are have prior experience!

St Peter's, Addingham Website

The St Peter's website is being updated daily by Andrew Robinson who is adding interesting and relevant content including; the latest E-news sheets, and links to interesting articles, our recorded services, podcasts and the live streaming of services.

Please view the website www.stpetersaddingham.org.uk



Source is also available to read or download from the St Peter's website.

Contributions to Source

We hope you have enjoyed and been informed by the articles in this edition of Source. The more articles and pieces we have on a wide range of subjects the more interesting the magazine will be to read.

All contributions, on whatever subject, are always welcome and appreciated. Please email copy to PeterSource@Hotmail.co.uk or hand to Peter or Jill Cooke.

The copy date for the May edition is Friday, 22nd April.